



**SUKAN INSTITUSI PENDIDIKAN MALAYSIA**  
**SIPMA KE-10**  
**01 - 07 SEPTEMBER 2025**

**SWIMMING**

DATE : 04th SEPTEMBER 2024/ THURSDAY  
VENUE : SWIMMING POOL, UTM SPORTS CENTRE

Time	Event Num.	Event	Category	Remark
9.00 a.m	101	1500m freestyle	Men	Time Final
	102	200m backstroke	Women	Heat
	103	200m backstroke	Men	Heat
	104	400m individual medley	Women	Heat
	105	400m individual medley	Men	Heat
	106	200m freestyle	Women	Heat
	107	200m freestyle	Men	Heat
	108	100m butterfly	Women	Heat
	109	100m butterfly	Men	Heat
	110	50m breaststroke	Men	Heat
	111	50m breaststroke	Women	Heat
	112	4 x 200m freestyle	Men	Heat
	113	4 x 200m freestyle	Women	Heat
Break / Lunch time				
4.00 p.m	114	1500m freestyle	Men	Time Final
	115	200m backstroke	Women	Final
	116	200m backstroke	Men	Final
	117	400m individual medley	Women	Final
	118	400m individual medley	Men	Final
	119	200m freestyle	Women	Final
	120	200m freestyle	Men	Final
	121	100m butterfly	Women	Final
	122	100m butterfly	Men	Final
	123	50m breaststroke	Men	Final
	124	50m breaststroke	Women	Final
	125	4 x 200m freestyle	Men	Final
	126	4 x 200m freestyle	Women	Final
Prize giving ceremony - Event 101, 114 to 126				



**SUKAN INSTITUT PENDIDIKAN MALAYSIA**  
**SIPMA KE-10**  
**01 - 07 SEPTEMBER 2025**

**SWIMMING**

DATE : 05th SEPTEMBER 2024/ FRIDAY  
VENUE : SWIMMING POOL, UTM SPORTS CENTRE

Time	Event Num.	Event	Category	Remark
9.00 a.m	201	800m freestyle	Women	Time Final
	202	200m butterfly	Women	Heat
	203	200m butterfly	Men	Heat
	204	50m freestyle	Women	Heat
	205	50m freestyle	Men	Heat
	206	100m breaststroke	Women	Heat
	207	100m breaststroke	Men	Heat
	208	100m backstroke	Women	Heat
	209	100m backstroke	Men	Heat
	210	50m butterfly	Women	Heat
	211	50m butterfly	Men	Heat
	212	4 x 100m medley relay	Women	Heat
	213	4 x 100m medley relay	Men	Heat
Break / Lunch time				
4.00 p.m	214	50m freestyle	Women	Final
	215	50m freestyle	Men	Final
	216	200m butterfly	Women	Final
	217	200m butterfly	Men	Final
	218	100m breaststroke	Women	Final
	219	100m breaststroke	Men	Final
	220	100m backstroke	Women	Final
	221	100m backstroke	Men	Final
	222	50m butterfly	Women	Final
	223	50m butterfly	Men	Final
	224	4 x 100m medley relay	Women	Final
	225	4 x 100m medley relay	Men	Final
Prize giving ceremony - Event 201, 214 to 225				



**SUKAN INSTITUT PENDIDIKAN MALAYSIA**  
**SIPMA KE-10**  
**01 - 07 SEPTEMBER 2025**

**SWIMMING**

DATE : 06th SEPTEMBER 2024/ SATURDAY  
VENUE : SWIMMING POOL, UTM SPORTS CENTRE

Time	Event Num.	Event	Category	Remark
9.00 a.m	301	50m backstroke	Women	Heat
	302	50m backstroke	Men	Heat
	303	400m freestyle	Women	Heat
	304	400m freestyle	Men	Heat
	305	200m breaststroke	Women	Heat
	306	200m breaststroke	Men	Heat
	307	100m freestyle	Women	Heat
	308	100m freestyle	Men	Heat
	309	200m individual medley	Women	Heat
	310	200m individual medley	Men	Heat
	311	4 x 100m freestyle	Women	Heat
	312	4 x 100m freestyle	Men	Heat
Break / Lunch time				
4.00 p.m	313	50m backstroke	Women	Final
	314	50m backstroke	Men	Final
	315	400m freestyle	Women	Final
	316	400m freestyle	Men	Final
	317	200m breaststroke	Women	Final
	318	200m breaststroke	Men	Final
	319	100m freestyle	Women	Final
	320	100m freestyle	Men	Final
	321	200m individual medley	Women	Final
	322	200m individual medley	Men	Final
	323	4 x 100m freestyle	Women	Final
	324	4 x 100m freestyle	Men	Final
Prize giving ceremony - Event 313 to 324				